eHAction Press Release 18th October 2018

| eHAction WP 4 Workshop |

Patient Empowerment



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Co-funded by the European Union's Health Programme (2014-2020)



Amsterdam, 18th October 2018

On Thursday, October 18th, 29 experts from 18 different countries flew to Amsterdam to discuss and work on 'patient empowerment'.



FIGURE 1 | eHAction WP 4 Workshop

Work Package leaders Estonia and the Netherlands invited

their contributors to attend the kick-off workshop of Work Package 4 'empowering people' in the Sheraton Hotel

approach for the upcoming years.

quiz with relevant eHealth questions.

at Schiphol Airport. The aims and objectives of the day were to

meet each other face to face, to get a common understanding

on the content of patient empowerment and to work on a work

Laurens Rijpstra from the Dutch Patient Federation started

the workshop with a motivational presentation and Kahoot

Throughout the rest of the day, the attendees were divided

of the mentioned subjects, the relevant stakeholders and

the approach for the upcoming months were discussed

At the end of the day everybody went home motivated

and involved to deliver and consider this important topic on

into four parallel workshops on patient access and use of data,

telehealth, mobile health and digital health literacy. The scope



FIGURE 2 | WP 4 Workshop Participants

BACKGROUND

Wp 4 is responsible for Empowering People by addressing citizens as individuals who should take an active role in their health care process.

The overall objective of this WP is to empower people to take active part in their health and care process by building their capacity to use, understand and control their medical data, to provide them the opportunity to really participate and to motivate them to do so.

Not only in (shared) decision situations with their medical professionals on their medical status, but also in active situations such as self-monitoring (e.g. mHealth) and/or in making use of e.g. TeleHealth services for prevention and/or health care reasons.

FOR MORE INFORMATION:

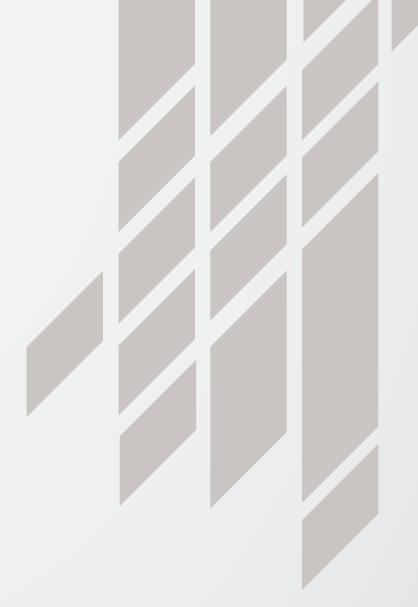


PRESS CONTACTS:

during the workshops.

empowering people.

- DIOGO MARTINS, INTERNATIONAL PROJECTS COORDINATOR AT SPMS, EPE. (+351 910 273 213), DIOGO.MARTINS@SPMS.MIN-SAUDE.PT
- DIOGO GOMES, COMMUNICATIONS AND PUBLIC RELATIONS COORDINATOR AT SPMS, EPE., (+351 912 106 789), DIOGO.GOMES@SPMS.MIN-SAUDE.PT
 LÍLIA MARQUES, INTERNATIONAL PROJECTS AND INTEROPERABILITY AT SPMS, EPE., (+351 939 006 022), LILIA.MARQUES@SPMS.MIN-SAUDE.PT
- MARGARIDA MARQUES, INTERNATIONAL PROJECTS COMMUNICATIONS OFFICER AT SPMS, EPE., (+351 916 011 501), MARGARIDA.MARQUES.EXT@SPMS.MIN-SAUDE.PT



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