

PRESS RELEASE

eHAction Press Release
18th October 2018

| eHAction WP 4 Workshop |

Patient Empowerment



eHAction

Joint Action supporting
the eHealth Network

ehaction.eu



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On Thursday, October 18th, 29 experts from 18 different countries flew to Amsterdam to discuss and work on 'patient empowerment'.



FIGURE 1 | eHAction WP 4 Workshop



FIGURE 2 | WP 4 Workshop Participants

Work Package leaders Estonia and the Netherlands invited their contributors to attend the kick-off workshop of Work Package 4 'empowering people' in the Sheraton Hotel at Schiphol Airport. The aims and objectives of the day were to meet each other face to face, to get a common understanding on the content of patient empowerment and to work on a work approach for the upcoming years.

Laurens Rijpstra from the Dutch Patient Federation started the workshop with a motivational presentation and Kahoot quiz with relevant eHealth questions.

Throughout the rest of the day, the attendees were divided into four parallel workshops on patient access and use of data, telehealth, mobile health and digital health literacy. The scope of the mentioned subjects, the relevant stakeholders and the approach for the upcoming months were discussed during the workshops.

At the end of the day everybody went home motivated and involved to deliver and consider this important topic on empowering people.

BACKGROUND

Wp 4 is responsible for Empowering People by addressing citizens as individuals who should take an active role in their health care process.

The overall objective of this WP is to empower people to take active part in their health and care process by building their capacity to use, understand and control their medical data, to provide them the opportunity to really participate and to motivate them to do so.

Not only in (shared) decision situations with their medical professionals on their medical status, but also in active situations such as self-monitoring (e.g. mHealth) and/or in making use of e.g. TeleHealth services for prevention and/or health care reasons.

FOR MORE INFORMATION:

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